



Dead Sea Mud & Tea Tree Oil Cold Process Soap

a moisturizing soap recipe made with mud

Makes about 24 ounces (five 4-ounce/120 gram bars)

Ingredients

- 3.7 ounces (105 grams) distilled water
- 2.2 ounces (62 grams) lye
- 6.4 ounces (181 grams) Organic Olive Oil
- 3.4 ounces (96 grams) Coconut Oil, RBD
- 1.6 ounces (45 grams) Apricot Kernel Oil
- 1.4 ounces (40 grams) Mango Butter, Refined
- 1.4 ounces (40 grams) Deodorized Cocoa Butter
- 1.0 ounce (28 grams) Organic RSPO Palm Oil
- 0.8 ounces (23 grams) Castor Oil
- 1 ounce (28 grams) Dead Sea Mud
- 0.5 ounce (14 grams) Yogurt Powder
- 0.3 ounce (9 grams) Tea Tree Essential Oil
- 0.3 ounce (9 grams) Lavender Essential Oil
- 1 Tablespoon (30 ml) Sea Salt, Medium Grain (sprinkled on the top)

Directions:

1. Prepare 2-pound loaf soap mold by assembling, setting them on tray, lining with wax paper, etc. as needed.
2. Measure the distilled water and place in stainless steel pot or large plastic pitcher with very thick walls.
3. Measure and add lye to water. Stir for about a minute or two until completely dissolved. Let mixture cool down to about 100 F (38 C).
4. Measure coconut oil, cocoa butter, and palm oil. Heat in double-boiler until fully melted.
5. Measure olive, apricot, and castor oil and add to melted oils and butters.
6. Combine lye water and fats, then stir or stick blend until mixture reaches thin trace.
7. Add Dead Sea Mud, Yogurt Powder and Essential oils. Blend well to a medium trace. (This mixture may seem thicker than other soap recipes due to the Dead Sea Mud Powder.)
8. Pour soap into mold and sprinkle the top with Medium Sea Salt.
9. Cover and let sit for 24 hours before removing from the mold. Slice soap into five bars, then allow bars to cure on wooden drying rack for six weeks before use.

To Use

- Lather, rinse, repeat!

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