



# Neem and Lavender Oil Mask

an antiseptic oil serum cleansing mask

## Ingredients

- 30 ml Castor Oil
- 60 ml Rose Hip Seed Oil
- 30 ml Neem Oil
- 1.25 ml (1/4 teaspoon) Lavender Essential Oil

Makes about 4 ounces (120 ml)

## Directions:

1. Combine oils and essential oil in glass or aluminum bottle and shake well.

## Usage & Packaging

- Oil blends that include essential oils should always be packaged in glass or aluminum when possible. Our Amber Dropper Bottles are perfect for storage and everyday use of oil serums, cleansers, and masks.
- To use, begin by steaming your face with a hot damp washcloth for about 30 seconds. Remove washcloth, shake bottle, and apply about 1 tablespoon (15 ml) of oil to your face. Gently massage oil into skin for about 1 minute. Steam face again with a freshly moistened washcloth for about 30 seconds, then gently wipe oil away. Repeat the steaming and wiping process at least three more times, or until your face feels clean and free of oil. Follow with toner and moisturizer as needed.

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