



Himalayan Pink Salt Milk Bath

A soothing milk bath made with pink salt

Ingredients

- 2 cups (480 ml) Milk Powder: Whole Milk
- 1/2 cup (120 ml) Salt: Himalayan Pink, Fine
- 1/4 cup (60 ml) Salt: Dendritic
- 1/4 cup (60 ml) Grain Products: Colloidal Oat Flour, Fine, USP
- 1 tablespoon (15 ml) Clay: Kaolin, Coral
- 15 drops Essential Oil: Geranium

Makes three 8-ounce jars

Directions:

1. Combine dendritic salt and essential oil in a large mixing bowl and stir together until smooth.
2. Add milk powder and oat flour, stirring well to combine.
3. Divide mixture into two bowls, with 1 1/2 cups (300 ml) in each.
4. Add kaolin clay to one bowl and mix well.
5. Spoon the pink mixture into three jars, divided evenly. Tap gently to settle powder.
6. Spoon the white mixture into three jars, divided evenly. Tap gently to settle powder.
7. Top each jar with 1/3 of the Himalayan pink salt. Secure lids.

Usage & Packaging

- Himalayan Pink Salt Milk Baths look lovely in glass jars. Try layering them in our 8 ounce Flint Jars with White Lids. They may also be packaged in Cello Bags.
- Milk Baths should remain fresh in jars for at least six months.
- To use, simply pour contents of one jar into bath water. Salts and powders will dissolve.

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