



# Rock Rose & Chamomile Body Wash

a soothing cleanser for sensitive skin

## Ingredients

- 4 ounces Liquid Castile Soap
- 4 ounces Witch Hazel Hydrosol
- 4 ounces Aloe Vera Gel
- 2 ounces Cistus Hydrosol
- 2 ounces German Chamomile Hydrosol

This recipe makes about sixteen ounces

## Directions:

1. Mix the ingredients together in a small bowl or beaker.
2. Pour into a bottle.

## Usage & Packaging:

This body wash has a very mild lather, so it works best when applied to a pouf, scrubby, or washcloth. It works very well in our Disc Cap or Snap Cap Bottles, but is a bit too thin for a pump.

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