



Flax and Rose Hip Body Oil

a soothing oil blend for prenatal care

Ingredients

- 1 1/2 ounces Organic Flax Seed Oil
- 1 ounce Organic Rose Hip Seed Oil
- 1/2 ounce Organic Pomegranate Seed Oil
- 1/2 ounce Organic Argan Oil
- 1/2 ounce Organic Red Raspberry Seed Oil

This recipe makes about four ounces.

Directions:

1. Combine ingredients in a bottle, cap, then shake well.

Usage & Packaging:

1. Body Oils work very well in Snap Cap or Disc Cap Bottles. Drop a small amount of oil into the palm of your hand, and rub together to warm it up. Massage the oil gently into the skin in a slow circular motion.

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