



# Healing Facial Mask

an anti-inflammatory mask

## Ingredients

- 2 tablespoons Whole Oat Flour
- 1 tablespoon Honey Granules
- 1 teaspoon Ginger Root Powder
- 1 tablespoon White Kaolin Clay
- 1 teaspoon Andiroba Oil
- 1 teaspoon Karanja Oil
- 1 - 2 tablespoons Witch Hazel Hydrosol

## Directions

1. Combine the Whole Oat Flour, Ginger Root Powder, Honey Granules, and Kaolin Clay in a small bowl and mix well.
2. Add the Andiroba Oil, Karanja Oil, then stir well to combine. Add the Witch Hazel Hydrosol, a little at a time until you reach a smooth consistency.
3. Transfer the mixture to a clean jar and refrigerate between uses.

## Usage & Packaging

This mask fits nicely into a two ounce jar. Try using our PET Jars or Flat Cream Jars to store this recipe. Try not to handle the mask directly. Instead, use a clean spoon or spatula to remove about one or two tablespoons at a time for a single use. Apply the mask to your skin after moistening it with warm water. Allow the mask to dry for ten to twenty minutes, then rinse with warm water. Follow with a toner and/or moisturizer as needed.

## Ingredients

You can purchase the ingredients for this recipe online at [www.FromNatureWithLove.com](http://www.FromNatureWithLove.com). Use discount code, NBWS4277 to save 7% off qualifying items in your online order! \*Mollasses and spice ingredients can be found in the baking section of most grocery stores.

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