



Thai Bath Tea

herbs with jasmine and lemongrass

Ingredients

- 1/2 cup Sea Salt, Medium
- 1/16 ounce Jasmine Motia Attar*
- 1/4 cup dried Lemongrass
- 1/4 cup dried Jasmine Flowers
- 1/4 cup dried Spearmint
- 1/8 cup Kelp Powder
- 1/8 cup Green Tea Powder
- 1/8 cup Ginger Powder

*Jasmine Fragrance Oil can be substituted for Atta

This recipe makes enough to fill six Large Tea Bags.

Directions:

1. Combine the Sea Salt and Jasmine Motia Attar in a mixing bowl. Stir to combine, making sure that all of the Attar has absorbed into the salt.
2. Add the dried herbs, flowers, tea, and sea vegetables to the salt mixture and stir well.
3. Heat an iron to a medium/high setting. Fill each bag with about two tablespoons of the tea mixture.
4. Carefully press the tea bags closed, then seal them with the hot iron. The iron will need to be pressed onto the edge of the bag for 3 - 5 seconds in order to seal it completely. Allow the edges to cool before testing their adhesion.

Usage & Packaging:

1. Our Heat Sealable Tea Bags are perfect for creating single portions of Bath Tea. Bath Teas should be stored in airtight containers when not in use. Our Small Cello Bags are perfect for packaging a batch of Bath Tea Bags.
2. To use, simply drop one tea bag in a warm bath. The ingredients inside will infuse with the hot bath water. To intensify the tea, steep the tea bag in two cups of boiled water for ten minutes. Add the infused water to the bath a few minutes before getting in. Be sure to test the water for safe temperature before getting in the bath.

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